

"Do not fear: I am with you; do not be anxious: I am your God. I will strengthen you; I will help you; I will uphold you with my victorious right hand." — Isaiah 41:10

Attendance this week was over 98%, which is a great improvement on the end of last term, thank you very much.



### Safeguarding

We have recently been sent the following information regarding anxiety we are sharing in case it is of any assistance. Children can experience anxiety in many different ways. Simple supportive strategies can help them feel calmer and more confident. Sometimes the most effective response is a quiet hug and reassurance that a trusted adult is there to help. Encouraging children to picture a favourite calm and happy place, practise grounding by noticing what they can see, hear and touch around them, or draw a picture of their worries can help reduce anxious thoughts. Deep breathing activities, such as blowing bubbles, or a straw and paper ball, can help regulate the body's stress response, while physical activities like jumping jacks encourage deeper breathing and release nervous energy. Spending time with a family pet can also have a calming effect. It can be helpful to remind children of times they have successfully overcome challenges in the past and to talk through possible solutions to their worries, helping them feel more prepared and capable. Some children also find it empowering to write down their worries and then tear up the paper as a symbolic way of letting them go. With patience, understanding and practice, these small strategies can make a meaningful difference in helping children manage anxiety.

### After school and Beacon club

A reminder that Beacon Club remains available to book, and we would love to see more children attending and making use of this club.

**Castle Howard trips** have now been added to Arbor – please ensure this payment is made ASAP. **Class 4 consent** to next week's Pocklington trip is also on there for you to confirm too. Thanks for your prompt action.

**Friday 5<sup>th</sup> June '26**



### Good Work Awards

#### **Star of the Week**

Class 1 – Tyler  
Class 2 – Bryn  
Class 3 – Lola  
Class 4 – Ted and Lily

#### **Excellent English**

Class 1 – Arthur  
Class 2 – Oscar  
Class 3 – Roman

#### **Marvellous Maths**

Class 1 – Daisy  
Class 2 – Leila  
Class 3 – Tilly

#### **Fantastic Foundation**

Class 2 – Nevaeh  
Class 3 – Thomas Ho  
As our Year 6 are mostly not in school this week, the clutter cup and house points will roll over to next week.

### Calendar for after half term

**Monday 8<sup>th</sup>:** breakfast & afterschool club, pop up library AM  
**Tuesday 9<sup>th</sup>:** breakfast & afterschool club, Class 1 & 2 parents - Let's Learn Together at 9am, Class 4 forest school, Class 4 Saxophone lessons, Class 4 rugby lesson with Mr Featherstone  
**Wednesday 10<sup>th</sup>:** breakfast & afterschool club, Swimming for class 3, violin lessons, Class 4 athletics at Pocklington School  
**Thursday 11<sup>th</sup>:** breakfast & afterschool club, cello lessons, Junior parkrun assembly  
**Friday 12<sup>th</sup>:** breakfast & afterschool club, non-uniform day for everyone who brings a bottle for the summer fair

### Dinner Menu for week commencing 8<sup>th</sup> June

**Monday:** Cheese & tomato pizza followed by iced sponge  
**Tuesday:** Pasta bolognaise followed by flapjack  
**Wednesday:** Roast chicken, veg & YPs followed by doughnut muffin  
**Thursday:** Katsu curry followed by sponge & custard  
**Friday:** Fish or salmon & chips followed by chocolate brownie  
**Please can we also remind you that we are a NUT AWARE school.** Alternative options of Jacket Potatoes and Sandwiches are available with fillings of ham, cheese, tuna or beans (plus daily veggie option).

### **This week.....**

**Class 1** have been learning about shapes this week in maths. They also made some 3D shapes inspired by reading the book 'Boxitects' – there were some excellent boats and houses made! In PE they were practicing jumping by playing a game.  
**Class 2** been learning all about the Romans in history. Their favourite bit was pretending to be Roman soldiers and marching to a song they learnt. They have also been studying fractions in maths and how to join two letters together in their handwriting.  
**Class 3** have been looking at seasonal food and planning their pizza toppings in their new 'where food comes from' topic. In maths they have started to learn about decimals.  
**Class 4** at the beginning of the week were looking at different beliefs about life events in RE and finishing their shape topic in maths. The children on the residential have been having some great experiences, which we will hear more about next week. In school the children have been completing project work, writing stories and creating a marketing leaflet for Scottish landmarks.

### Free school meals are being expanded from September

#### **How do you know if your family is eligible and how to apply?**

From September 2026 the Department for Education is extending entitlement to free school meals (FSM) to include all children from households in receipt of Universal Credit. Although eligibility will be granted to all Universal Credit recipients, it is important to note that families do still need to apply to receive the meals.

If your child is currently registered as being in receipt of free school meals through North Yorkshire Council, you DO NOT need to reapply, as your child's eligibility to continue receiving this provision will be automatically reassessed before September 2026. Where your child is moving to a school located outside of North Yorkshire, then you will need to reapply for this provision through the new authority/school. Please be aware that any previous protections which applied to children already in receipt of free school meals will no longer apply. Eligibility will be based on whether you are in receipt of any of the benefits, as shown below:

- Universal Credit
- Income-related Employment and Support Allowance
- Support under Part 6 of the Immigration and Asylum Act 1999
- The Guarantee element of Pension Credit

From September 2026 there will be 2 categories of eligibility for free school meals:

**Targeted FSM:** this covers children in households in receipt of Universal Credit with annual household earnings of £7,400 or less. These children will attract pupil premium and other disadvantage funding for their schools. Other education entitlements, such as the holiday activities and food programme (HAF) and the 'extended rights' element of school travel assistance, will be based on targeted free school meals.

**Expanded FSM:** this covers children who are in households receiving Universal Credit with annual household earnings exceeding £7,400. Children will be entitled to free school meals only.

For those wanting to apply, applications can be made through the council website [www.northyorks.gov.uk/freeschoolmeals](http://www.northyorks.gov.uk/freeschoolmeals) with effect from June.

Although children in Reception, Year 1 or Year 2 benefit from a 'universal free school meal', your school and child may also benefit from additional funding from central government known as Pupil Premium. The government introduced the Pupil Premium grant to help children from low-income families reach their full potential and to achieve higher academic grades at school. The level of funding that the school will receive for 2026/2027 is £1550 for each child that is registered as meeting the lower income criteria.

### Settrington Primary School and Junior Parkrun – we need you!!

Settrington School has become a parkrun Primary School as part of the parkrun Primary initiative, which encourages children and families to become more active and involved in their local community.

As part of this, a representative from the Pickering junior parkrun team will be visiting school next Wednesday 11th June to deliver an assembly all about junior parkrun and how children and families can get involved.

Then on Saturday 5th July, Settrington School will be taking over the Pickering Community Park junior parkrun event and would love for you to join us! Junior parkrun is a free, fun and friendly 2km event for children, where participants can run, jog or walk the course. We would love to see as many of our pupils as possible taking part on the day and representing the school. We are also looking for adult volunteers to help the event run smoothly. Volunteer roles are straightforward and full guidance will be provided on the day. Roles may include marshalling the course, barcode scanning and handing out finish tokens.

If you and your child would like to take part, or if you are able to volunteer, please let us know, so that we can confirm arrangements for the event. Thank you for your support, we hope this will be a really enjoyable community event for everyone involved!

### NHS reminders

We have been asked to send the letter attached to this newsletter to parents of children in Reception and Year 6. The letter is to share some information with all families, to give tips, ideas and information to support a healthy and active lifestyle, and to direct you to other services, support and information if needed. We have also been asked to remind all parents to ensure they take their children to an optician for an eye test. This is a free service for children and important as the NHS no longer offer this service in school.

### What's going on in the local area

- Norton College are having a community open morning and summer fair, on Saturday 4<sup>th</sup> July from 10.30am-1pm, see flyer attached to the newsletter
- Class photos can still be ordered from Activephoto
- This weekend (6<sup>th</sup> and 7<sup>th</sup> June) is Modern Military weekend at Eden Camp and they have various activities happening, see their website for details.
- Old Malton Scarecrow trail and open gardens is on Sunday from 1.30pm till 6.30pm – go to St Mary's Community centre for programmes and refreshments
- Open farm weekend is also happening in various local farms